



VCUHealth™

**FIRST
QUARTER 2025**

NEWSLETTER

**ANESTHESIOLOGY
RESIDENCY AND FELLOWSHIP**

AWARDS & SHOUT OUTS

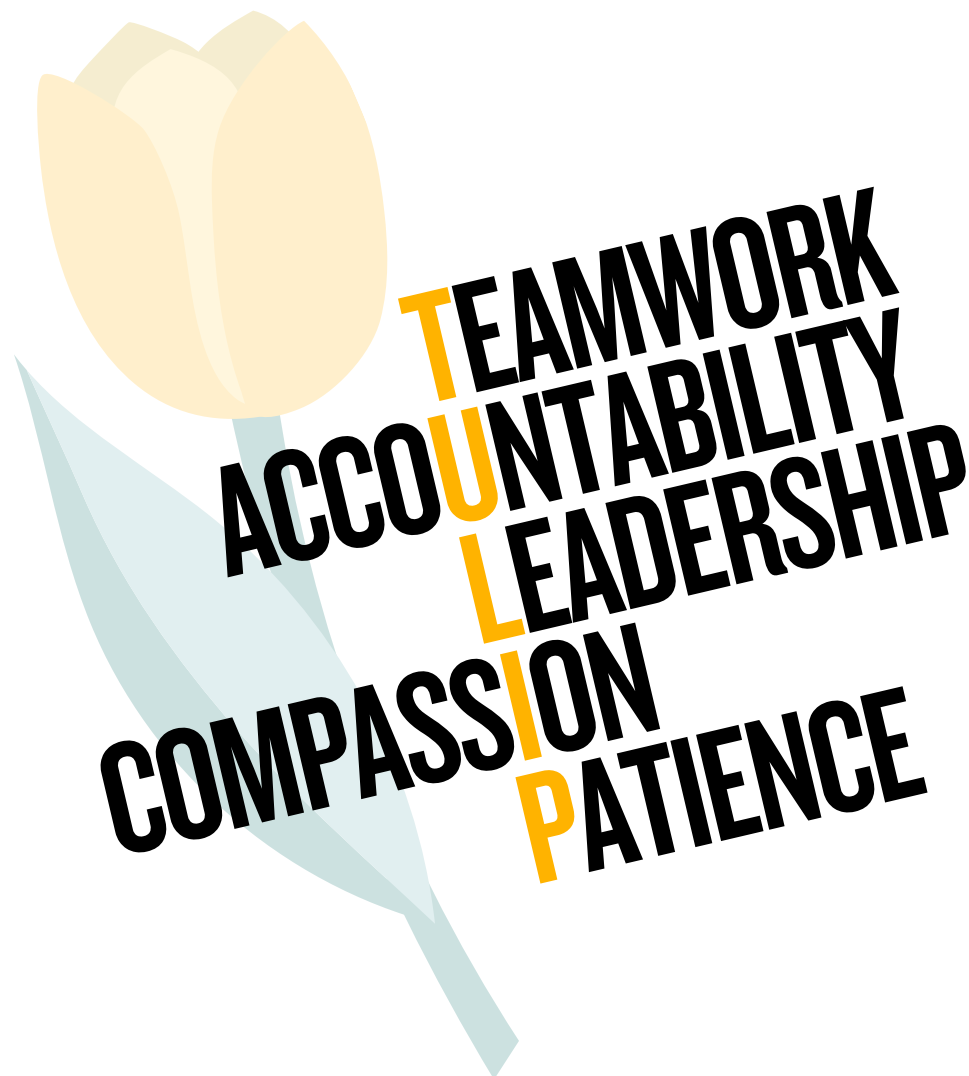
Recognizing team members for achievements, teamwork, and outstanding contributions.

Tulip Award for AJ Wittmeyer - from Dominique Eborn in L&D.

- “Dr. AJ is a wonder. All patients absolutely love her! She is always full of energy. She stayed to help me with a patient after she had completed her epidural. She helped me flip my patient and move her up in the bed. AJ is the absolute sweetest, she is the best!”

Tulip Award for Henry Wilson - from CSICU Patient

- “I had open-heart surgery. After surgery I was placed in CSICU. The Resident, Henry Wilson was extraordinary in offering patient care to me. I’m so grateful for your compassion and patience Mr. Wilson. Thank you sir!!”



Julius J. Snyder Award 2024 Presented to Jonathan Tran

- Congratulations to Jonathan Tran for receiving the Julius J. Snyder Resident Award! This award recognizes a 3rd year resident that demonstrates exceptional clinical and leadership skills among our anesthesiology residents. Congratulations Jonathan!

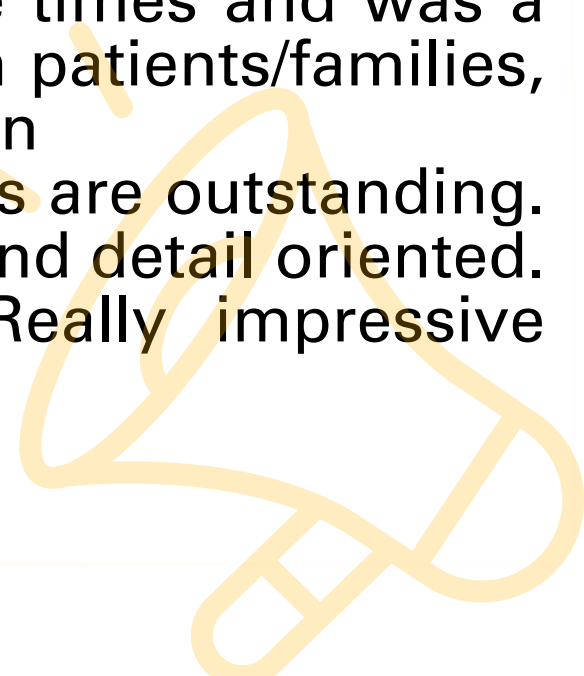


Shout out for Benjamin Andre - from Dr. Evan Reiter

- Exceptional! He has a great attitude, works well with the team, and efficiently evaluates ENT patients. His documentation is thorough and demonstrates a strong understanding of key management issues. I observed him perform a flex laryngoscopy with empathy and skill, impressing both me and the patient. Outstanding performance, and I look forward to working with him during his anesthesia years.

Shout out for Hayley Gray - from Dr. Kelley Dodson and Jaime Moore

- She has been with me in clinic multiple times and was a machine of efficiency, great rapport with patients/families, and great documentation. - Kelley Dodson
- I second the praise for Hayley. Her notes are outstanding. She's a hard worker as well as efficient and detail oriented. She picked up scoping so quickly! - Really impressive resident. - Jaime Moore

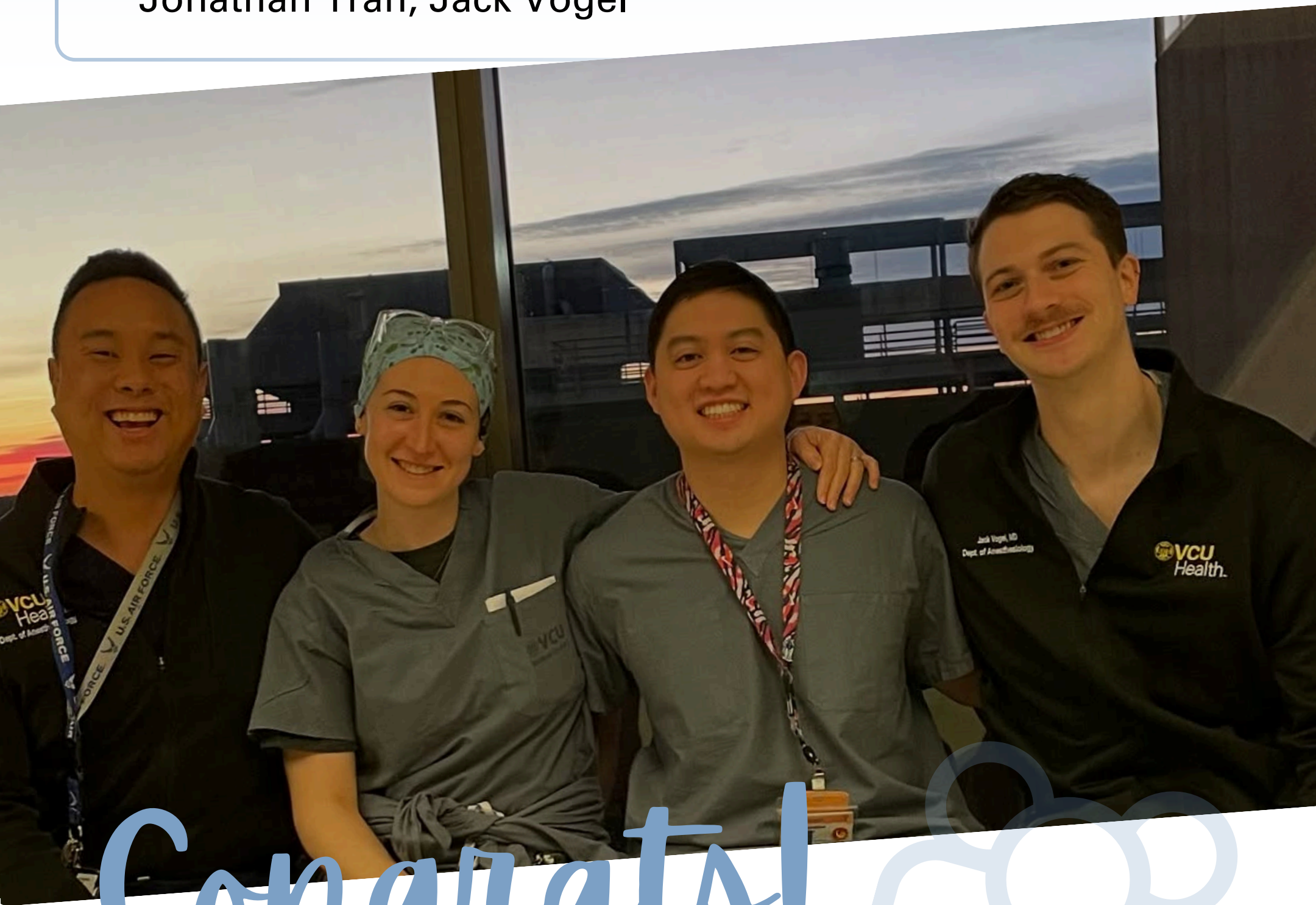


TEAM UPDATES

Introducing new team members, promotions, and recognizing those who are moving on.

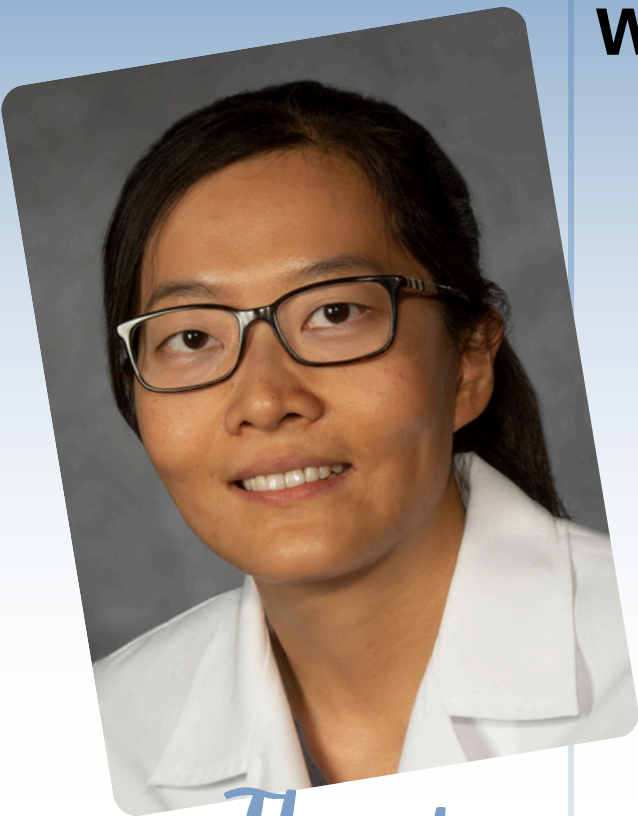
Chief Residents Announced for 2025-2026

- Congratulations to our new chief residents for the upcoming 2025-2026 academic year!
- Left to right as pictured: Darryl Mason, Maya Golan, Jonathan Tran, Jack Vogel



Congrats!





*Thank you
Dr. Hu!*

Wishing Dr. Yaqi Hu Farewell

- It is with mixed emotions that we announce the departure of Dr. Yaqi Hu from our team. Dr. Hu has been an invaluable member of our Department of Anesthesiology, serving as both an Assistant Professor and the Associate Residency Program Director. Her dedication to patient care, education, and the field of pediatric anesthesia has left a lasting impact on our community!



Announcing Dr. Michael Trostler as the New Associate Residency Program Director.

- We are delighted to announce that Dr. Michael Trostler will be stepping into the role of Associate Residency Program Director in the Department of Anesthesiology.
- Dr. Trostler brings a wealth of experience and expertise, particularly in general and transplant anesthesia, and has been a dedicated member of our team for many years. We are confident that his leadership and commitment to education will continue to enhance our residency program and support the growth and development of our residents. Please join us in welcoming Dr. Trostler to his new role!

PAST EVENTS

Updates and moments from past events and conferences

Journal Club Updates

- The Journal Club met on March 4th to discuss ***Improved Outcomes and Resource Use With Normothermic Machine Perfusion in Liver Transplantation***

American Society of Anesthesiologist (ASA) 2024 Recap

- Our team was well-represented by Faculty, Staff, and Residents alike!
- Jonathan Vachon presented a poster titled ***Unexpected Weakness: Delayed Emergency in Primigravid Patient***, co-authored by Cedric Campbell and Arun Karuppiah.
- Darryl Mason presented ***Blood Patching Despite CSF Return***, co-authored by Jay Napoleon

Society of Academic Associations of Anesthesiology & Perioperative Medicine (SAAAPM) 2024 Recap

- Dr. Prasanna, Evan, and Stewart attended the annual meeting to learn more about education, quality assurance, clinical care, and technological advancements for GME program management.



UPCOMING EVENTS

Department meetings, educational workshops, national conferences, and social events

International Anesthesia Research Society (IARS) - March 20-24 in Honolulu, Hawaii

- Presentation by Darryl Mason, co-authored by Kenny Potter

Society for Pediatric Anesthesia and American Academy of Pediatrics (SPA-AAP)- March 28-30 in Orlando, Florida

- Presentation by Nima Avin, co-authored by Beata Evans

Society of Cardiovascular Anesthesiologists (SCA) - April 26-29 in Montreal, Canada

- Presentation by Ashton Engdal, Tyler Tupper, and Jonathan Tran

Society for Obstetric Anesthesia and Perinatology (SOAP) - April 30-May 4 in Portland, Oregon

- Presented by Travis Cuddy, co-authored by Lawrence Jones and Victor Saxena



LIBRARY UPDATES

Highlighting new research, journal articles, and scholarly contributions from Residents and Fellows

Choosing the Best Path: Difficult Airway Versus Challenging Neuraxial During Cesarean Delivery

- Ezana Girmai, Yena Son, Matthew Isenhower, Shilen Thakrar

The effect of intraoperative goal-directed hemodynamic therapy on volume status, venous congestion, and ventricular function in elective colorectal surgery: an observational pilot study using point-of care ultrasound.

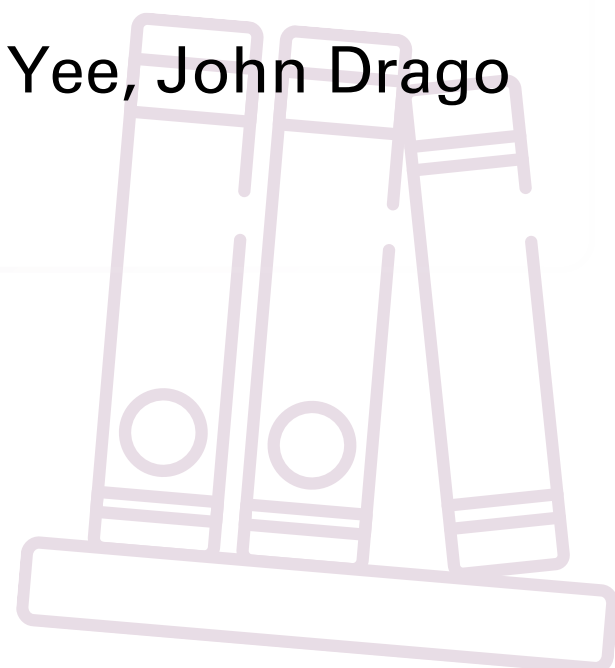
- Aaron Lim, Kenneth Potter, Eric Worrall, W. Brenton French, Maya Golan, Megan Rashid, Pranav Shah

A Case of Delayed Emergency in a Primigravid Patient

- Jonathan Vachon, Cedric Campbell, Arun Karuppiah

Massive Hemothorax from a Central Venous Trialysis Catheter from a Kidney Transplant: A Case Report

- Jonathan Vachon, Rafael Robles, Steven Yee, John Drago

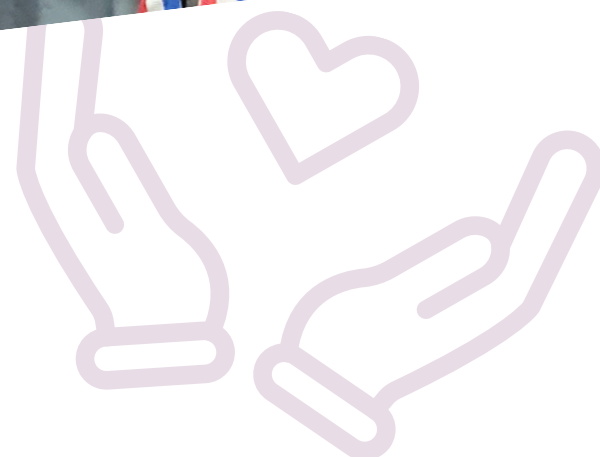


WELLNESS

Tips on managing stress, maintaining work-life balance, and available wellness resources.

Spring Into Fitness Challenge Begins April 1st!

- The Department is hosting a wellness challenge to shake off the winter blues and get in the spring spirit for renewed energy and spirit!
- 1 minute of exercise = 1 point, The challenge will run from April 1 to April 30 with the winners announced in early May. If you have any questions, reach out to the coordinators.
- 2024's winning team pictured below



TECHNOLOGY & EQUIPMENT

Updates and Information about new anesthesia machines, monitoring tools, or software updates.

Check out the new ASA Pacemaker APP developed by Drs. Mark Nelson, Bryant Tran, and Ken Ellenbogen

- Collaboration with ASA cardiovascular committee, endorsed by all 5 device manufacturing companies. This app is essential to our practice and management of PPM and AICDs.
- All are encouraged to download [iOS only]

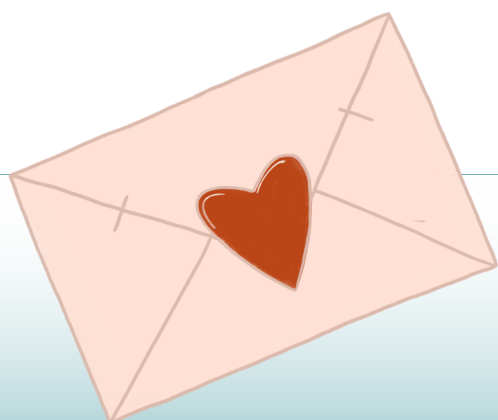
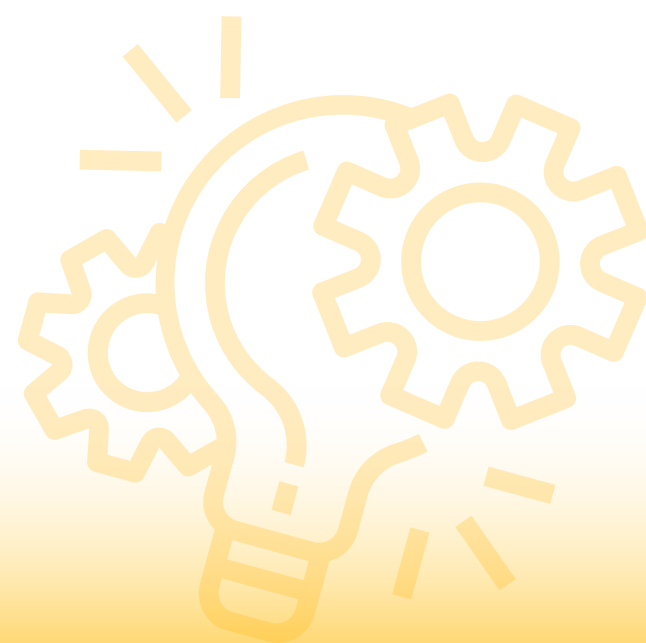


ASA PACEMAKER 17+

ASA Pacemaker guidelines

[Rhythm Management, LLC](#)

Designed for iPhone



Thank you for reading our First Quarter Newsletter!
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quarterly newsletter updates.

The VCU Anesthesiology Department